

REGIONAL WEIGHT ALLOWANCE FOR SCHOOL CLOSINGS

NFHS Rule 4-5-5: *When there are consecutive days of team competition, there shall be a 1-pound additional allowance granted each day for all wrestlers up to a maximum of two pounds.*

Scenario 1:

If there is a one-day regional tournament and one school does not have school on Friday, each team would receive base weight + 3 pounds on Saturday.

Scenario 2:

If there is a one-day regional tournament and one school does not have school on Thursday and Friday, each team would receive base weight + 4 pounds on Saturday.

Scenario 3:

If there is a two-day regional tournament and one school does not have school on Thursday, each team would receive base weight + 3 pounds on Friday and base weight + 4 pounds on Saturday.

Scenario 4:

If there is a two-day regional tournament and one school does not have school on Wednesday and Thursday, each team would receive base weight + 4 pounds on Friday and again on Saturday it would also be base weight + 4.

Notes:

1. Base weight is the original weight class at the beginning of the year (i. e., 106, 113, 120, etc.)
2. The above scenarios only pertain to regional tournaments that are affected by school closings.

Any questions or concerns contact: Dr. Bill Welker

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