

## **2019 WEST VIRGINIA STATE TOURNAMENT WEIGH-IN PROCEDURE**

AAA & AA-A will have skin check and weigh-ins completed at the same time.

After scales have closed for weigh-ins, 20 minutes prior to weigh-ins, all wrestlers will line up on the mats behind the weight class placard for which they qualified. Four weight classes at a time will be escorted to the skin check / weigh-in area. Wrestlers are to report to the skin check / weigh-in area in the clothing that they are currently wearing and with any medical documentation or necessary special equipment (mouthpiece, headgear with hair cover, knee, ankle or elbow braces, etc.) that needs inspected for legality. All bags and changes of clothes will be left in the stands or on the mats. Once weigh-ins are closed all wrestlers will have access to the skin check / weigh in room to change into their uniforms and warm-ups.

Thursday, February 21, 2019

Skin Check & Weigh-Ins - 4:30pm

Friday February 22, 2019

Skin Checks & Weigh-Ins - 9:00am

Saturday February 23, 2019

Skin Checks & Weigh-Ins - 8:30am

Jeremy Callen

WV State Rules Interpreter