

MSAC CHAMPIONSHIPS

Date: Feb. 6, 2016

**Place: Saint Albans High School 2100 Kanawha Terrace St. Albans
WV. 25177**

**Director: Daren Gilfilen (304)-553-1548, Travis Phillips
(304)-550-9129**

Seeding Meeting: Thursday Feb. 4, 2016@SAHS

**All rosters need to be emailed by 9:00 pm Feb. 2, 2016 to
darengilfilen@yahoo.com**

**Weigh Ins: All teams need to be in the weigh-in area (small gym) by
8:00 AM Feb. 6.**

Weigh Ins will be from 8-9 am, wrestling starts at 10:00 am.

Awards: 1-4 individual awards along with 1-3 team, and MOW.